



LAYNE'S
Chicken Fingers

Layne's

Item	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
Chicken Fingers						
Original - 3 fingers	290	1	460	13	0	27
Original - 4 fingers	390	1.5	610	18	0	36
Original - 5 fingers	490	2	770	22	1	45
Sandwich & Wraps (excluding dressing)						
Original Wrap Fried	500	8	860	43	2	29
Original Wrap - Grilled	410	8	610	34	2	35
Original Chicken sandwich	780	9	1490	56	3	33
Sides						
Original Chicken Finger - 1 finger	100	0	150	4	0	9
Texas Toast	180	3	370	20	1	3
Potato Salad	160	1	430	22	2	0
Crinkle Cut Fries	290	2.5	840	34	2	2
Cream Gravy	110	2.5	610	15	0	0
Sauce Heaven						
BBQ	140	0	580	36	0	0
Gravy	50	1	270	6	0	0
Jalapeno Ranch	200	3	500	2	0	2
Kids Meals (no sides)						
Kids Chicken Fingers - 2 fingers	190	1	520	8	0	18

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