



Chili's

Item	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
For Starters						
Chips & Salsa	910	7	1920	113	8	13
Steaks & Burgers (no sides)						
Classic Sirloin - 6 oz.	250	4.5	630	1	0	34
Classic Sirloin - 10 oz.	390	6	950	2	0	54
Veggie Santa Fe Burger	630	8	1330	73	14	27
Added Seared Shrimp - Full Order	60	0	810	1	0	11
Added Seared Shrimp - Half Order	30	0	400	0	0	6
Add Sauteed Mushrooms	60	1.5	150	3	1	1
Fajitas, Toppings, and Tortillas						
Grilled Chicken (1 portion)	150	0.5	760	1	0	30
Shrimp (1 portion)	60	0	810	1	0	11
Flour Tortillas - 1	88	1.5	217	13	1	2
Corn Tortillas - 1	63	0	0	13	1	1
Side Rice	160	1	480	27	1	3
Side Beans	120	0	710	20	6	7
Fresh Salsa	30	1	1110	7	2	1
Guacamole	160	2	290	10	7	2
Guiltless Grill (as served)						
6 oz Sirloin	300	4	1010	9	3	38
Ancho Salmon	620	5	1790	40	5	48
Sante Fe Grilled Chicken Salad	540	6	1510	24	6	35
Margarita Grilled Chicken	660	2.5	2900	61	9	69
Soups						
Chicken Enchilada - Cup	200	4	620	11	1	10

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Salads + Bowls (As served)						
House Salad w/o dressing	130	3	290	12	1	5
House Salad w/o dressing (lunch combo)	70	1.5	150	6	1	3
Sante Fe Grilled Chicken Salad	540	6	1510	24	6	35
Add Ancho Salmon	370	3.5	880	4	0	41
Shrimp	60	0	810	1	0	11
Salad Dressing/Sauces						
Avocado Ranch (1.5 oz)	140	2.5	240	3	1	1
Ranch (1.5 oz)	170	3	290	2	0	1
Sides (as served, no add-ons)						
Asparagus	35	0	135	5	3	3
Black Beans	120	0	710	20	6	7
Mexican Rice	160	1	480	27	1	3
Steamed Broccoli	40	0	250	8	4	3
Garlic Butter Mushrooms	110	3	300	6	2	2
*Homestyle Fries (lunch combo)	210	1.5	330	30	2	3
Kids Entrees						
Crispy Crispers	570	7	1620	21	1	24
Burger Bites	440	8	590	35	2	22
Kraft Macaroni & Cheese	310	2.5	830	44	2	11
Kids Sides (as served, no add-ons)						
Corn Kernels	140	1.5	0	0	29	11
Mashed Potatoes	130	1.5	270	16	1	2
Mandarin Oranges	80	0	10	20	1	1
Steamed Broccoli	40	0	45	8	4	3

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