



FIVE GUYS®
BURGERS and FRIES

Five Guys

Items	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
Meat						
Hamburger Patty	302	8	50	0	0	16
Bacon - 2 Pieces (Supplier S)	70	2	210	0	0	5
Bun						
Bun	240	3.5	330	39	2	7
Fries						
Little Five Guys Style	526	4	531	72	8	8
Toppings						
A.1. Sauce	15	0	280	3	0	0
BBQ Sauce	49	0	400	15	0	1
Green Peppers	3	0	1	1	0	0
Grilled Mushrooms	6	0	50	1	0	0
Hot Sauce	0	0	200	0	0	0
Jalepeno Peppers	3	0	0	0	0	0
Ketchup	30	0	160	5	0	0
Mayonnaise (Supplier K)	111	1.5	70	0	0	0
Mustard	0	0	55	0	0	0
Onions / Grilled Onions	11	0	1	2	0	0
Pickles (Supplier M)	4 > 0	0	260	1	0	0
Relish	16	0	85	4	0	0
Tomatoes	8	0	3	2	0	0
Other Items						
Bulk Peanuts - 1 oz	170	2	180	5	3	7
Fry Sauce PC	100	2	240	6	0	0
Malt Vinegar - 1 TBS	0	0	2	0	0	0
Eggs - 2 Eggs	143	3	142	1	0	13

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