



Pizza Hut



Item	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
Medium Hand Tossed Slices (1 slice)						
Backyard BBQ Chicken Pizza	220	3	390	31	2	10
Hawaiian Chicken Pizza	200	3	410	27	2	11
Buffalo Chicken	190	2.5	520	24	2	10
Cheese Pizza	210	4	390	26	2	10
Veggie Lovers Pizza	190	2.5	360	27	2	8
Medium Thin 'N Crispy (1 slice)						
Backyard BBQ Chicken Pizza	210	3	440	27	1	10
Hawaiian Chicken Pizza	190	3	420	22	2	9
Buffalo Chicken	170	2.5	580	21	1	9
Cheese Pizza	180	3.5	470	24	2	11
Veggie Lovers Pizza	170	2.5	410	24	2	8
Medium Caulicurst (1 slice)						
Backyard BBQ Chicken Pizza	200	3.5	370	23	1	8
Hawaiian Chicken Pizza	180	3	400	20	1	9
Buffalo Chicken	160	3	500	17	1	8
Cheese Pizza	180	4	350	18	1	7
Veggie Lovers Pizza	170	3	340	20	2	6

Fall 2025

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Item	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
Topping-Medium Hand Tossed						
Barbeque Pizza Sauce	10	0	30	3	0	0
Classic Marinara Pizza Sauce	10	0	75	2	0	0
Diced Roma Tomatoes	0	0	0	0	0	0
Fresh Green Bell Peppers	0	0	0	0	0	0
Fresh Mushrooms	0	0	0	0	0	0
Green Chile Peppers	0	0	0	1	0	0
Sweet Pineapple	0	0	0	1	0	0
Medium Crust						
Hand Tossed Medium Pizza Crust - 1 Slice	120	0	135	22	1	4
Thin 'N Crispy Medium Pizza Crust - 1 Slice	100	0	170	19	0	3
Pasta						
Oven Baked Veggie Pasta	640	7	1160	99	9	27
Penne w/ Marinara & Mushrooms (Half-Size)	430	7	1110	57	6	21
Salad						
Garden Side Salad	110	0.5	220	20	2	5
Garden Side Salad with Chicken	320	3.5	820	22	2	27
Balsamic Vinaigrette for side salad	110	1.5	15	4	0	0
Light Ranch for side salad	80	1.5	330	1	0	0
*Double salad dressing nutrition facts for Entree salad dressing						