



Fazoli's



	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
Salads - no dressing						
House Side Salad	110	4.5	200	6	2	7
Bread Stick/ Dressings/ Croutons (per packet)						
Breadstick (1) *request dry	85	0	165	16	0.5	3
Large Marinara Dipping Sauce	110	0	1620	22	5	4
Croutons	45	0	125	7	0	1
Fat Free Italian Dressing	10	0	230	3	0	0
Red Wine Balsamic Vinaigrette	100	1.5	260	3	0	0
Honey French Dressing	130	1.5	200	9	0	0
Baked Pastas (breadsticks not included)						
Baked Spaghetti	570	9	1160	78	5	18
Pizza by the Slice (single slice)						
Cheese	315	6	695	36	2	14
Pepperoni	330	6	785	36	2	13
Pasta-Regular size (breadsticks not included)						
Spaghetti w/ Marina Sauce	490	2	1830	92	8	11
Spaghetti w/ Alfredo Sauce/ Fettuccine Alfredo [1]	760	17	2180	83	3	24
Spaghetti w/ Meat Sauce	610	4	2140	95	10	26
Gluten-friendly Rotini with Marinara (half family portion)	580	1.5	1965	120	11	18.6

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Item	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
Subs						
Club Sub	650	11	2010	53	3	42
Kids Menu (breadsticks not included)						
Kids Spaghetti w/ Marinara	230	1	660	43	3	5
Kids spaghetti w/ Meatsauce	270	1.5	790	44	4	10
Kids Spaghetti w/ Alfredo	320	6	750	39	2	9
Kids Ravioli w/Marinara	250	4.5	880	30	3	13
Kids Ravioli w/Meatsauce	260	5	930	30	3	14
Kids Fettuccine w/ Alfredo	320	6	750	39	2	9
Top Its / Sides						
Parmesan Roasted Broccoli	150	3	540	8	3	6
Sauteed Mushrooms	60	2	310	3	1	3
Gluten free pasta available upon request						

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