



**FIVE GUYS**  
BURGERS and FRIES

## Five Guys

Items	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Protein (g)
<b>Meat</b>						
Hamburger Patty	302	8	50	0	0	16
Bacon- 2 Pieces	70	2	210	0	0	5
<b>Bun</b>						
Bun	240	3.5	330	39	2	7
<b>Fries</b>						
Little Five Guys Style	526	4	531	72	8	8
<b>Toppings</b>						
BBQ Sauce	15	0	280	3	0	2
A.1. Sauce	49	0	400	15	0	10
Green Peppers	3	0	1	1	0	0
Grilled Mushrooms	6	0	50	1	0	1
Hot Sauce	0	0	200	0	0	0
Jalapeno Peppers	3	0	0	0	0	0
Ketchup	30	0	160	5	0	4
Lettuce	3	0	3	1	0	0
Mayonnaise	111	1.5	70	0	0	0
Mustard	0	0	55	0	0	0
Onions	11	0	1	2	0	1
Pickles	4	0	260	1	0	0
Relish	16	0	85	4	0	3
Tomatoes	8	0	3	2	0	1
<b>Other Items</b>						
Bulk Peanuts-1 oz	170	2	180	5	3	7
Fry Sauce PC	80	2	240	6	0	0
Malt Vinegar- 1 TBS	0	0	2	0	0	0
Eggs- 2 Eggs	85	3	142	1	0	13

**Summer 2024**

