

## Jimmy John's

Items	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Protein (g)
<b>Sandwiches</b>						
The Pepe (wheat)	730	8	1440	64	5	37
The Pepe (Unwich)	370	8	1060	7	2	21
Totally Tuna (wheat)	630	3	1100	65	6	28
Totally Tuna (unwich)	270	3	710	9	3	12
Turkey Tom (wheat)	610	2.5	1080	62	4	31
Turkey Tom (unwich)	250	2.5	700	5	2	15
Little John #1	300	4	770	25	2	15
Little John #3	250	1.5	590	26	3	10
Little John #4	240	1.5	580	24	2	12
Little John BLT	300	4.5	680	24	2	12
<b>Plain Slim</b>						
Slim 1 (wheat)	560	6	1290	60	4	36
Slim 1 (unwich)	190	6	900	4	0	20
Slim 2 (wheat)	460	1	880	57	4	33
Slim 2 (unwich)	90	1.5	490	<1	0	17
Slim 4 (wheat)	430	0	930	59	4	30
Slim 4 (unwich)	70	0	540	2	0	14

Fall 2022